
CU2648 Support Individuals in Their Relationships

Aims

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to provide support for individuals to establish and maintain relationships and social networks. Additional support that may be needed regarding sexual relationships is not addressed within this unit.

Credit 4

Level 3

Learning outcomes The learner will:	Assessment criteria The learner can:
1. Understand factors affecting the capacity of individuals to develop and/or maintain relationships	<ul style="list-style-type: none">1.1 Analyse reasons why individuals may find it difficult to establish or maintain relationships1.2 Describe types of legal restriction or requirement that may affect individuals relationships1.3 Explain how an individual's capacity to establish or maintain relationships may be affected by the way support is provided1.4 Explain the importance of ensuring privacy and confidentiality when providing support for relationships
2. Be able to support individuals to identify beneficial relationships	<ul style="list-style-type: none">2.1 Support an individual to understand the likely benefits of positive relationships2.2 Support the individual to recognise when a relationship may be detrimental or harmful2.3 Work with the individual to identify specific relationships that are likely to be beneficial to them

<p>3. Be able to support individuals to develop new relationships</p>	<p>3.1 Describe types of support and information an individual may need in order to extend their social network</p> <p>3.2 Establish with an individual the type and level of support needed to develop a new relationship</p> <p>3.3 Provide agreed support and information to develop the relationship</p> <p>3.4 Encourage continued participation in actions and activities to develop the relationship</p>
<p>4. Be able to support individuals to maintain existing relationships</p>	<p>4.1 Describe types of support an individual may need in order to maintain an existing relationship with family or friends</p> <p>4.2 Establish with an individual the type and level of support needed to maintain the relationship</p> <p>4.3 Provide agreed support to maintain the relationship</p>
<p>5. Be able to work with individuals to review the support provided for relationships</p>	<p>5.1 Establish with the individual the criteria for evaluating how effective support for a relationship has been</p> <p>5.2 Collate information about the relationship and the support provided</p> <p>5.3 Work with the individual and others to review and revise the support provided</p> <p>5.4 Report and record in line with agreed ways of working</p>

Assessment Requirements

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3, 4 and 5 must be assessed in a real work environment in ways that do not intrude on the privacy of the individual.

Additional Information

Relationships may include:

- Family relationships
- Friendships
- Social networks
- Moved to here.

An **individual** is someone requiring care or support

Information may include:

- Feedback from the individual and others
- Observations
- Records

Others may include:

- Family
- Friends
- Advocates
- Others who are important to the individual's well-being

Agreed ways of working will include policies and procedures where these exist