

CU2632 Provide Support for Leisure Activities

Aims

This unit is aimed at those working in a wide range of settings. This unit provides the learner with the knowledge and skills required to support and encourage individuals to access, participate in and review their leisure activities.

Credit 3

Level 2

Learning outcomes	Assessment criteria
The learner will:	The learner can:
1. Understand the role that leisure activities play in well being	1.1 Identify different activities that may be regarded as leisure activities 1.2 Explain how participation in leisure activities aids the well being of individuals 1.3 Describe the potential benefits of trying out new leisure activities from time to time
2. Be able to support individuals to identify and plan for leisure activities	2.1 Identify with the individual their recreational needs, preferences and interests 2.2 Agree which new or existing leisure activities are likely to suit the individual's needs, preferences and interests 2.3 Agree with the individual the level and type of support needed for participation in a leisure activity 2.4 Work with the individual and others to develop a plan to support participation in a leisure activity
3. Be able to encourage and support individuals to participate in leisure activities	3.1 Support the individual in line with the plan and in a way that promotes active participation 3.2 Provide encouragement and positive reinforcement for the activity 3.3 Adjust support in response to any changes or difficulties encountered 3.4 Describe how and when to access additional information or support about participation in a leisure activity

4. Be able to contribute to the review and revision of support for leisure activities	<ul style="list-style-type: none">4.1 Identify with the individual the process for reviewing their leisure activities4.2 Seek feedback from the individual on the leisure activity and the support provided4.3 Carry out agreed role in contributing to the review4.4 Implement agreed changes to the plan
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Assessment Requirements

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles. Learning outcomes 2, 3 and 4 must be assessed in a real work environment.

Additional Information

An **individual** is someone requiring care or support.

The **plan** will include ways to address and minimise risks and overcome difficulties relating to

- Health and well-being
- The environment
- Equipment and materials used
- Abilities of individual and others
- Others involved

Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient

EVIDENCE MATRIX

The above evidence has been assessed against the standards for this element and has been judged for validity, authenticity, currency, reliability and sufficiency.

Learner signature:		Date:	
Assessor signature		Date:	
Internal Verifier sig: (if sampled)		Date:	

Assessment method key:

Obs =	Observation	Wt =	Witness testimony
P =	Product evidence	A =	APA/APL
Q =	Questioning	Ot =	Other
Sim =	Simulation/assignment		