

## Aims

The unit provides the knowledge and understanding required to support an individual to direct their own support.

Credit 3

Level 3

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:
1 Understand <b>self-directed support</b>	1.1 Explain the principles underpinning self-directed support and how this differs from traditional support 1.2 Explain the benefits of an <b>individual</b> having self-directed support 1.3 Explain how <b>legislation, policy or guidance</b> underpin self-directed support 1.4 Explain what the following terms mean: a) indicative allocation b) supported self assessment c) support plan d) outcome focused review 1.5 Outline the possible barriers to self-directed support
2. Understand how to support an individual to direct their own support and develop their support plan	2.1 Explain how to use <b>person-centred thinking</b> to enable individuals to think about what is important to them, and how they want to be supported 2.2 Explain how individuals can direct their own support if they do not have a personal budget 2.3 Explain how person-centred planning can be used to inform a support plan 2.4 Explain the roles of <b>others</b> who can assist individuals in developing their support plan 2.5 Describe different ways that individuals can develop a support plan

	<p>2.6 Describe a range of person-centred thinking tools that can be used to help individuals think about different ways they can spend their personal budget</p> <p>2.7 Describe what might be included in the costings for a support plan</p>
<p>3 Understand the different ways that people can use their personal budget</p>	<p>3.1 Explain the different ways that individuals can use their personal budget to buy support</p> <p>3.2 Research innovative ways that individuals can spend their personal budget other than buying social care services</p> <p>3.3 Explain what restrictions may be imposed on personal budgets</p> <p>3.4 Describe the criteria that are used to sign off a support plan</p> <p>3.5 Describe a person-centred approach to risk that ensures that individuals have what is important to them whilst staying healthy and safe</p>
<p>4. Understand the outcome focused review process</p>	<p>4.1 Explain the process of an outcome focused review</p> <p>4.2 Explain how to enable someone to prepare for their outcome focused review</p>

## Assessment Requirements

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles. It assesses knowledge that underpins unit LD 314S Work with an individual using self-directed support, and must be achieved with that unit to confirm competence.

## Additional Information

**Self-directed support** – puts the person in need of support in control of that support

An **individual** is someone requiring care or support

**Legislation, policy or guidance** – refers to any current legislation or guidance around this area

**Person-centred thinking** is a range of practical tools that form the basis of person-centred planning. They help focus on the individual, their gifts and skills, what is important to them, and what makes really good support for them.

**Others** may include:

- Families, friends or carers
- social workers
- brokers
- peer support
- voluntary user-led organisations
- independent support brokerage



