

Unit 46: Provide Support for Mobility

Unit code:	HSC 2002
Unit reference number:	H/601/9024
QCF level:	2
Credit value:	2
Guided learning hours:	14

Unit summary

This unit is aimed at those who work in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support mobility activities. It covers preparation, support and observations of mobility activities.

Assessment requirements

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3 and 4 must be assessed in a real work situation.

Additional information

Mobility activities may include:

- exercises
- physiotherapy
- occupational therapy
- household activities
- group activities.

An **individual** is someone requiring care or support.

Others may include:

- family
- friends
- advocates
- mobility specialists
- line manager
- others who are important to the individual's wellbeing.

Mobility equipment and appliances may include:

- wheelchairs
- sticks
- walking frames
- custom-made appliances.

Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.

Assessment methodology

Learners can enter the types of evidence they are presenting for assessment and the submission date against each assessment criterion. Alternatively, centre documentation should be used to record this information.

Learning outcomes and assessment criteria

Learning outcomes	Assessment criteria	Evidence type	Portfolio reference	Date
1 Understand the importance of mobility	<p>1.1 define mobility</p> <p>1.2 explain how different health conditions may affect and be affected by mobility</p> <p>1.3 outline the effects that reduced mobility may have on an individual's wellbeing</p> <p>1.4 describe the benefits of maintaining and improving mobility</p>			
2 Be able to prepare for mobility activities	<p>2.1 agree mobility activities with the individual and others</p> <p>2.2 remove or minimise hazards in the environment before a mobility activity</p> <p>2.3 check the suitability of an individual's clothing and footwear for safety and mobility</p> <p>2.4 check the safety and cleanliness of mobility equipment and appliances</p>			

Learning outcomes	Assessment criteria	Evidence type	Portfolio reference	Date
3 Be able to support individuals to keep mobile	3.1 promote active participation during a mobility activity 3.2 assist an individual to use mobility appliances correctly and safely 3.3 give feedback and encouragement to the individual during mobility activities			
4 Be able to observe, record and report on activities to support mobility	4.1 observe an individual to monitor changes and responses during a mobility activity 4.2 record observations of mobility activity 4.3 report on progress and/or problems relating to the mobility activity including: <ul style="list-style-type: none"> - choice of activities - equipment - appliances - the support provided 			

Learner name: _____ Date: _____

Learner signature: _____ Date: _____

Assessor signature: _____ Date: _____

Internal verifier signature: _____ Date: _____
(if sampled)