

Unit 58: Provide Support to Continue Recommended Therapies

Unit code:	HSC 3002
Unit reference number:	A/601/9028
QCF level:	3
Credit value:	3
Guided learning hours:	20

Unit summary

This unit is aimed at those working in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support individuals to continue recommended therapies. It covers encouraging and supporting individuals to continue recommended therapies, carrying out observations and reviewing the therapy.

Assessment requirements

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3, 4 and 5 must be assessed in a real work situation.

Additional information

Therapies may include:

- occupational therapy
- physiotherapy
- hydrotherapy
- aromatherapy.

An **individual** is someone requiring care or support.

Information may include:

- intended outcomes of the therapy
- activities needed to continue the therapy
- learner's role and responsibilities
- how to set up the environment and use equipment and materials
- most effective ways of supporting an individual.

Active participation

is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.

Ways to **address difficulties** may include:

- making adjustments to the level or type of support provided
- stopping therapy activities if individual is in pain or distress
- seeking additional support from therapists and others when problems and difficulties are beyond own competence.

Others may include:

- family
- friends
- advocates
- specialist therapists
- others who are important to the individual's wellbeing.

Assessment methodology

Learners can enter the types of evidence they are presenting for assessment and the submission date against each assessment criterion. Alternatively, centre documentation should be used to record this information.

Learning outcomes and assessment criteria

Learning outcomes	Assessment criteria	Evidence type	Portfolio reference	Date
1 Understand the importance of supporting individuals to continue recommended therapies	<p>1.1 Analyse the potential benefits of recommended therapies to an individual's health and wellbeing</p> <p>1.2 Describe barriers that may prevent individuals from continuing recommended therapies, and the possible consequences of discontinuation</p>			
2 Be able to encourage individuals to complete activities recommended by therapists	<p>2.1 Establish agreement on an individual's needs and preferences about continuing a recommended therapy</p> <p>2.2 Provide opportunities for an individual to access information about the benefits of continuing the recommended therapy</p> <p>2.3 Describe how to overcome an individual's fears or concerns about continuing the recommended therapy</p>			
3 Be able to provide support to continue recommended therapy	<p>3.1 Clarify with the therapist the information needed before providing support for the therapy</p> <p>3.2 Promote active participation during therapy</p> <p>3.3 Address difficulties encountered during therapy</p> <p>3.4 Provide constructive feedback and encouragement to the individual during therapy</p>			

Learning outcomes	Assessment criteria	Evidence type	Portfolio reference	Date
4 Be able to observe, record and report on observations during recommended therapy	4.1 Establish with the individual and others what observations need to be made during therapy sessions 4.2 Carry out agreed observations 4.3 Record agreed observations as required 4.4 Report on the findings of observations to individuals and others			
5 Be able to contribute to evaluation and review of recommended therapies	5.1 Work with others to establish processes and criteria for evaluating the effectiveness of the therapy and the support provided 5.2 Carry out agreed role to support the evaluation, using observations and feedback from the individual and others 5.3 Agree changes to therapy sessions or the support provided			

Learner name: _____ Date: _____

Learner signature: _____ Date: _____

Assessor signature: _____ Date: _____

Internal verifier signature: _____ Date: _____
(if sampled)