

Unit 317 Engage in personal development in health, social care or children's and young people's settings

Level: 3

Credit value: 5

Unit aim

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. The unit introduces the concepts of personal development and reflective practice which are fundamental to such roles, and ways to implement these.

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

- 317.1 Understand what is required for competence in own work role
- 317.2 Be able to reflect on practice
- 317.3 Be able to evaluate own performance
- 317.4 Be able to agree a personal development plan
- 317.5 Be able to use learning opportunities and reflective practice to contribute to personal development

Guided learning hours

It is recommended that **10** hours should be allocated for this unit, although patterns of delivery are likely to vary

Details of the relationship between the unit and relevant national standards

This unit links to the following NOS

- CCLD unit 304
- GCU unit 6
- GEN 12, GEN 13
- HSC 33 Themes recur as knowledge requirements, performance criteria and core values throughout HSC NOS

Endorsement by a sector or other appropriate body

This unit is endorsed by SkillsActive

Assessment and grading

This unit will be assessed by an assignment which is externally set and internally marked

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317.1

Understand what is required for competence in own work role

Assessment Criteria

The learner can:

1. describe the duties and responsibilities of own work role
2. explain expectations about own work role as expressed in relevant **standards**.

Range

Standards

Codes of practice, regulations, minimum standards, national occupational standards

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317.2

Be able to reflect on practice

Assessment Criteria

The learner can:

1. explain the importance of reflective practice in
2. continuously improving the quality of service provided
3. demonstrate the ability to reflect on practice
4. describe how own values, belief systems and experiences may affect working practice.

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317.3

Be able to evaluate own performance

Assessment Criteria

The learner can:

1. evaluate own knowledge, performance and understanding against relevant standards
2. demonstrate use of feedback to evaluate own performance and inform development.

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317.4

Be able to agree a personal development plan

Assessment Criteria

The learner can:

1. identify **sources of support** for planning and reviewing own development
2. demonstrate how to work with **others** to review and prioritise own learning needs, professional interests and development opportunities
3. demonstrate how to work with others to agree own personal development plan.

Range

Sources of support

Formal support, informal support, supervision, appraisal, within the organisation, beyond the organisation

Others

The individual, carers, advocates, supervisor, line manager or employer, other professionals

Personal development plan

Will record information such as agreed objectives for development, proposed activities to meet objectives, timescales for review

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317.5

Be able to use learning opportunities and reflective practice to contribute to personal development

Assessment Criteria

The learner can:

1. evaluate how learning activities have affected practice
2. demonstrate how reflective practice has led to improved ways of working
3. show how to record progress in relation to personal development.