

Level: 2

Credit value: 5

NDAQ number: Y/502/3979

Unit aims

The aim of this unit is to provide the learner with the knowledge and skills to style and dress women's hair using basic techniques.

The skills developed by the learner include setting, blow-drying, finger drying, straightening and dressing long hair.

The knowledge acquired by the learner will enable them to understand how styling the hair affects the hair structure and how humidity affects the resulting style.

Learning outcomes

There are **two** learning outcomes to this unit. The learner will:

1. Be able to prepare for dressing hair
2. Be able to provide a dressing hair service

Guided learning hours

It is recommended that 30 guided learning hours are allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national occupational standards

This unit is linked to the hairdressing NOS, unit GH10 Style and dress hair and GH11 Set and dress hair.

Endorsement of the unit by a sector or other appropriate body

This unit is endorsed by Habia.

Assessment

This unit will be assessed by:

- practical tasks, and
- knowledge and understanding task(s) in an assignment **or** an on-line test

Unit 209

The Art of Dressing Hair

Outcome 1

Be able to prepare for dressing hair

Practical skills

The learner can:

1. prepare the client and work area for a dressing service
2. consult with clients to confirm their requirements
3. evaluate the potential of the hair to achieve the desired look by identifying the Influencing **factors**

Underpinning knowledge

The learner can:

1. state the procedure for client preparation
2. describe the effects of different **styling techniques**
3. describe the **factors** that need to be considered when styling and dressing hair
4. describe the **physical effects** of styling on the hair structure
5. describe the effects of humidity on the hair structure and resulting style
6. explain how the **incorrect use of heat** can affect the hair and scalp

Range

Factors

Hair: wet, dry, curly, straight.

Client requirements, hair texture, length and density, head/face shapes/features, client lifestyle, contra-indications, body shape, hair growth patterns, hair type, hair elasticity, fashion trends.

Styling techniques

Setting (brickwind, directional wind), blow-drying, finger-drying, curling, waving, smoothing, straightening, pin curling, finger waving.

Physical effects

Appearance of the hair, structural changes.

Hair structure

Cuticle, cortex, medulla

Incorrect use of heat

Temperature, direction of air flow, frequency of use.

Unit 209

Outcome 2

The Art of Dressing Hair

Be able to provide a dressing hair service

Practical skills

The learner can:

1. position self and client appropriately throughout the service
2. select and use **styling products, tools and equipment** to achieve the desired look
3. use **working methods** that meet salon and legal requirements
4. use **styling techniques** and dressing effects that take into account the identified factors
5. control and secure hair effectively during dressing
6. dress hair to the satisfaction of the client
7. apply **finishing products** to maintain the style
8. provide suitable **aftercare advice**
9. follow **safe and hygienic working practices**
10. **communicate** and behave in a professional manner

Underpinning knowledge

The learner can:

1. describe the correct use and routine maintenance of **tools, equipment and accessories**
2. describe the use for the range of **styling products**
3. describe how to secure and control the **long hair looks**
4. state the **purpose of back combing and back brushing** when dressing hair
5. describe the uses for the range of **finishing products**
6. describe the **aftercare advice** that should be provided
7. outline **safe and hygienic working practices** when styling and dressing hair
8. state how to **communicate** in a salon environment
9. state the **behavioural expectations** within a salon environment

Range

Styling products

Lotions, mousses, activators, gels, moisturisers, heat protectors

Tools, equipment and accessories

Hand held dryer, hood dryer, diffuser, nozzle, round brushes, flat brushes, rollers secured with pins, pin curl clips, straighteners, curling tongs, heated rollers, feathers, ribbons, flowers.

Working methods

Client preparation, service requirements, safe working methods, manufacturers' instructions, PPE.

Styling techniques

Setting (brickwind, directional wind), blow-drying, finger-drying, curling, waving, smoothing, straightening, pin curling, finger waving.

Finishing products

Sprays, waxes, gels, serums, dressing creams, oils.

Aftercare advice

How to maintain the look, suitable styling and finishing products to use.

Safe and hygienic working practices

Methods of sterilization, disposal of contaminated waste, health and safety legislation, PPE, positioning of client and stylist, removal of accessories.

Communicate

Speaking, listening, body language, reading, recording, following instructions using a range of related terminology linked to styling hair.

Long hair looks

Scalp plait, vertical roll, twists.

Purpose of backcombing and back brushing

Styling: duration, shape, securing.

Behavioural expectations

Working cooperatively with others, following salon requirements.