# Unit 207 Colour and Lighten Hair

Level: 2

Credit value: 10

NDAQ number: A/600/8630

#### **Unit aims**

The aim of this unit is to provide the learner with the knowledge and skills to change hair colour using basic techniques

The skills developed by the learner include colour applications for full-head, re-growth, pulled through and weaved packages.

The knowledge acquired by the learner will enable them to understand how to select suitable application methods, choose suitable products, work safely and efficiently and to give aftercare advice.

### Learning outcomes

There are **two** learning outcomes to this unit. The learner will:

- 1. Be able to prepare for colouring hair
- 2. Be able to provide a colouring service

### **Guided learning hours**

It is recommended that 91 guided learning hours should be allocated for this unit, although patterns of delivery are likely to vary.

**Details of the relationship between the unit and relevant national occupational standards** This unit is linked to the hairdressing NOS, unit GH9 Change hair colour.

## Endorsement of the unit by a sector or other appropriate body

This unit is endorsed by Habia.

### **Assessment**

This unit will be assessed by:

- practical tasks, and
- knowledge and understanding task(s) in an assignment or an on-line test

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# Outcome 1 Be able to prepare for colouring hair

#### **Practical skills**

The learner can:

- 1. prepare self, the client and work area for colouring services
- 2. use suitable **consultation techniques** to identify service objectives
- 3. assess the potential of the hair to achieve the desired look by identifying the influencing **factors**

# **Underpinning knowledge**

The learner can:

- 1. explain the **safety considerations** that must be taken into account when colouring and lightening hair
- 2. explain the dangers associated with inhalation of powder lighteners
- 3. outline the types of colouring and lightening **products**
- 4. state the **factors** that need to be considered when selecting colouring products
- 5. explain the importance of carrying out the **necessary tests** prior to and during the colouring service and recording the results
- 6. explain the principles of colour selection
- 7. explain how natural hair pigments influence colour selection
- 8. describe how the international colour chart is used to select colour
- 9. describe how each of the colour **products** affects the hair structure
- 10. explain the uses of hydrogen peroxide when colouring and lightening the hair
- 11. state what percentage and volume strength hydrogen peroxide means
- 12. explain the importance of following manufacturers' instructions
- 13. describe the different **consultation techniques** used to identify service objectives
- 14. describe the salon's requirements for client preparation, preparing self and the work area

### Range

### **Consultation techniques**

Open and closed questions, use of visual aids

#### **Factors**

Skin tone, previous service, existing colour, lifestyle, hair condition, results of tests, client requirements, temperature, strength of hydrogen peroxide, percentage of white, hair length

### **Safety considerations**

Client preparation, PPE, COSHH, manufacturers' instructions, client/self positioning, visual checks of electrical equipment, sterilising tools/equipment, first aid procedures, protection from infection and cross infection

### **Products**

Temporary, semi permanent, quasi-permanent, permanent, lightener

#### **Necessary tests**

Skin tests, elasticity test, porosity test, colour development strand test, colour test, incompatibility test

# Uses of hydrogen peroxide

To darken the base colour, to lighten the base colour, to tone

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# Outcome 2 Be able to provide a colouring service

#### **Practical skills**

The learner can:

- 1. **communicate** and behave in a professional manner
- 2. select and use the application method, products, tools and equipment to colour hair
- 3. position themselves and the client appropriately throughout the service
- 4. mix and apply the colour using neat sections
- 5. monitor the development of the colour accurately, following manufacturers' instructions
- 6. remove the colour product thoroughly from the hair and scalp, without disturbing packages still requiring development
- 7. apply a suitable conditioner or post colour treatment to the hair, following manufacturers' instructions
- 8. create a desired look to the satisfaction of the client
- 9. provide suitable after care advice
- 10. follow safe and hygienic working practices

# **Underpinning knowledge**

The learner can:

- 1. describe the correct use and routine maintenance of **tools and equipment**
- 2. state the importance of restoring the pH of the hair after a permanent colour
- 3. outline the types and causes of **problems** that can occur during the colouring service and how to resolve them
- 4. describe the aftercare advice that should be provided
- 5. outline safe and hygienic working practices
- 6. state how to **communicate** and behave within a salon environment

#### Range

#### Communicate

Speaking, listening, body language, reading, recording, follow instructions using a range of related terminology

## Application method, products, tools and equipment

Full head, re-growth, pulled through, weave, temporary, semi-permanent, quasi-permanent, permanent, brush and bowl, applicator bottle, highlighting cap, colour packages (foils/wraps) drying equipment, climazone roller ball, spatula, colour pots.

#### Aftercare advice

How to maintain colour, suitable shampoo and conditioning products, future salon services, use of heated styling equipment and the effect of perming on other services, how lifestyle can affect durability of colour

## Safe and hygienic working practices

Methods of sterilisation, disposal of contaminated waste, health and safety legislation, PPE, positioning of client and stylist, removal and accessories

#### **Problems**

Colour too dark, skin staining, not enough lift, uneven coverage, scalp irritation